

























## agua Essence

Transformational and integrative health experiences enhanced with medical grade protocols and delivered by beautiful humans. Our menu of core holistic spa treatments is the essence of what our team and guests love from aqua.

EXPERIENCE	BRAND	TIME	MON-THURS RATES	FRI-SUN-RATES	KEY
<b>agua massage</b>					
<b>AGUA ADVANCED BODYWORK</b> A personalised therapeutic treatment. Let our therapists focus on pain relief, deep tissue or sports therapy.	HEDGEROW	60/90 MINS	£120/£175	£130/£185	 
<b>CUSTOM HOT STONE</b> Clinical aromatherapy blend combined with hot stone technique work promoting deep relaxation. Treatment includes legs, back, shoulders, neck and scalp using a personalised blend of essential oils.	SOVERAL	60 MINS	£120	£130	  
<b>MATERNITY MASSAGE</b> Applying remedies and advanced techniques in pregnancy massage, using Marigold and Lemon Balm, performed on warm hydrothermal water cushions (13 - 32 weeks only).	HEDGEROW	60 MINS	£120	£130	
Please note that we perform a maximum of 90 minutes of massage per guest per day.					
<b>agua face</b>					
<b>REPARATIVE FACIAL</b> 111 signature reparative facial delivers the ultimate results, using the NAC Y2 formula for instant results, skin is rejuvenated, soothed, and plumped.	111SKIN	30/60 MINS	£75/£160	£80/£170	 
<b>CRYOTHERAPY FACIAL</b> A Cooling facial that calms; detoxifies, energises the skin through a Cryo-inspired treatment using cooling globes to encourage lymphatic drainage to detoxify and reduce puffiness, sculpting and stimulates microcirculation which brighten. It is an Energising treatment that leaves skin firmer and luminescent. Ideal for travel or city-stressed skin.	111SKIN	30/60/90 MINS	£75/£160/£205	£80/£170/£215	 
<b>SIGNATURE</b> Lifting. Firming. Draining. A workout for your face. Take that, ageing and stress!	SOVERAL	60/90 MINS	£125/£180	£135/£190	   
<b>PREBIOTIC FACIAL TREATMENT</b> A results-driven and balancing treatment aimed at stabilising skin's natural microflora, calming irritated skin and reducing inflammation.	SOVERAL	60 MINS	£120	£125	  
<b>DIAMOND LUMINOUS FACIAL</b> Brightening facial, corrects uneven pigmentation and signs of aging to restore a natural glow.	NATURA BISSÉ	60 MINS	£160	£170	
<b>DEEP CLEANSE</b> Hydration, rejuvenation, purification; includes glycolic peel and extractions in the longer treatment.	NATURA BISSÉ	60/90 MINS	£150/£195	£160/£205	
<b>agua body</b>					
<b>CRYO BODY TREATMENT</b> This treatment helps to ease and soothe tired legs and achy muscles, while contouring the silhouette. Using our Cryo Globes to effectively target areas that require invigoration and drainage - It stimulates circulation, detoxifies and nourishes the area whilst firming the skin.	111SKIN	60 MINS	£150	£160	
<b>BUST BLOSSOM</b> This bespoke bust massage works magic with our Marigold, Rosehip and Lemon Balm remedies to release tension in your spine and shoulder girdle.	HEDGEROW	60 MINS	£120	£130	 
<b>BODY FLAX</b> This divine Soveral body treatment works on bringing balance from the inside out; transforming the skin with support & nourishment to create super soft, firm skin, a lightness of body and mind, topped with a renewed boost of energy using eucalyptus sticks and incorporation of Lymphatic drainage.	SOVERAL	60 MINS	£120	£130	  



EXPERIENCE	BRAND	TIME	MON-THURS RATES	FRI-SUN-RATES	KEY
<b>agua body</b>					
<b>HEDGEROW SCRUB &amp; BACK MASSAGE</b> The Hedgerow Scrub & Back Massage begins with a full body exfoliation richly infused with bentonite clay, peppermint, lavender and dead sea salt, followed by an oil application and mini back massage.	HEDGEROW	60 MINS	£140	£150	
<b>agua adventures</b>					
<b>AROMATHERAPY PLAYGROUND</b> Pair a 60 minute Custom Hot Stone Aromatherapy massage with a 30 minute Soveral Express facial OR a 60 minute Soveral Signature facial with a 30 minute back, neck & shoulder aromatherapy massage.	SOVERAL	90 MINS	£170	£180	
<b>SIGNATURE COUPLES PACKAGE</b> agua Advanced Bodywork massages, side by side +plus a glass of Laurent-Perrier La Cuvée champagne +plus strawberries and cream Please note this signature couples package can be enjoyed individually as a solo package	HEDGEROW	60/90 MINS	£150/£200 PER PERSON	£160/£210 PER PERSON	
<b>MATERNITY EXPERIENCE</b> Rejuvenate with a 60-minute bespoke facial treatment and a 30-minute massage tailored to where you need it most - back, neck, shoulders and legs - all supported by a hydrothermal water cushion (13 to 32 weeks only). +plus mixed berries	NATURA BISSÉ	90 MINS	£180	£200	
<b>glamour room</b>					
<b>SPA MANICURE OR PEDICURE</b> Includes seasonal herbal scrub and massage with nourishing body butter of Rosemary, St John's Wort, Marigold and Lemon Balm.	HEDGEROW	60 MINS	£60	£70	
<b>HOT OIL MANICURE OR PEDICURE</b> Restoring treatment using Japanese techniques (no polish applied) with Rosemary, St John's Wort, Marigold and Lemon Balm.	HEDGEROW	60 MINS	£60	£70	
<b>champagne</b>					
<b>LAURENT-PERRIER</b> La Cuvée	GLASS	BOTTLE	£15	£82	

### key



CERTIFIED ORGANIC



STEAM EXPOSURE



NOT SUITABLE FOR PREGNANCY



CONTRA-INDICATED TO RECENT BOTOX/FILLER WORK OR SEVERE SUN EXPOSURE



WELLNESS FOR CANCER TRAINED

Please make appointments for a la carte services and customised packages either in person at the spa reception, by phoning 0203 747 1010 (in-house guests can dial extension 5910) or booking online via [aguaspa@seacontainerslondon.com](mailto:aguaspa@seacontainerslondon.com). Appointments need to be guaranteed with a valid credit card or gift certificate. Cancellations must be made with 24 hours' notice, otherwise you will be charged the full cost of the service. The spa is strictly for use by hotel residents, members and non-residents booking in for spa appointments. When you are making your reservation, please let us know if you have any major health concerns, including pregnancy.